



StemEnhance® + StemFLO® ...the ultimate fuel for renewal!

All of us should and need to be active. Our bodies demand it – to maintain muscle mass, bone density, flexibility, balance...all components contributing to quality of life.

Some of us choose to go full force, participating in sports and competition, while others choose to enjoy a walk around the block, a walk on the beach, cycling, kicking the ball with our children – all beneficial for the body's well-being.

However, no matter what level we compete at or are active, by using the body we create small tears in the muscle cells. These tears are a natural process of muscle maintenance, as we actually need to use our bodies (stress the body) so that it may then repair itself and renew the muscles, keeping them strong and subtle.

As we exercise, some of us will experience soreness, swelling, and stiffness. Some of us will not, but no matter if we do or don't we are damaging our muscle cells. During this damaged state the muscle cells have the reduced ability to contract – or simply, one is less able to lift a weight, throw a ball well, jump as high, run as fast, etc...our ability to perform is reduced. The muscle cells must rebuild and be repaired. This repair process is essential for all of us, no matter at what level of activity or competition we play.

Enter StemSPORT...the combination of StemEnhance® and StemFLO® is our outstanding renewal duo. StemEnhance® assists the release of extra stem cells that then migrate towards tissues in need. StemFLO® assists in the delivery of stem cells, nutrients, and oxygen.

With StemSPORT we assist in reducing our recovery time – therefore we are able to return to play sooner, with more energy, and more ability to reach our peak performance!

StemSPORT – the dynamic duo that combines to assist in recovery, rebuilding, and RENEWAL!

Heather Livingston, M.Sc.



The Stem Cell Nutrition Company™